

# LEARN ABOUT BITE2GO®: FEEDING KIDS

## WHAT WE DO

Bite2Go provides children with a mix of easy-to-open, single-serving, nutritious, nonperishable food items for meals and snacks over the weekend during the school year. Today, Second Harvest, along with generous community organizations who “adopt” a school, are providing more than 12,000 elementary, middle, and high school students food for the weekends through our Bite2Go and Bite2Go XL programs. Many of these children face chronic food shortages at home and without Bite2Go they would not get enough to eat on Saturday and Sunday.

## CHILD HUNGER FACTS

- In our region 1 out of 5 kids is food insecure
- Children who face hunger are more likely to
  - Repeat a grade
  - Experience impairments in language and motor skills
  - Have more social and behavioral problems
- Childhood food insecurity is linked to increased rates of
  - Diabetes
  - High blood pressure
  - Obesity

## HOW IT WORKS

- A business, church, organization or private individual adopts a school.
- School teachers and counselors work with families to identify students in need.
- Second Harvest purchases kid friendly food and builds the kits.
- Volunteers from the adoptive organizations pick up Bite2Go kits from Second Harvest and deliver them to school(s) once a month.
- Elementary kits are discreetly placed in the student backpacks by counselors and teachers.
- The XL program (middle and high school) is run by student groups who pack Bite2Go kits and deliver to a trusted teacher to hand out, while ensuring anonymity
- Food items are nutritious, easy-to-open, shelf-stable and don't require cooking.
- Kids come to school Monday ready to learn.

## HELP FEED HUNGRY CHILDREN TODAY!

You can support a child for the entire school year.

### MONTHLY SUPPORT

Elementary: \$15

Middle: \$24

High: \$30

### YEARLY SUPPORT

Elementary: \$180

Middle: \$288

High: \$360

## DONATE

Donate to a school of your choice.



[2-harvest.org/?form=Bite2GoTC](https://2-harvest.org/?form=Bite2GoTC)



Contact the  
Bite2Go team at  
[bite2go@2-harvest.org](mailto:bite2go@2-harvest.org)



[BITE2GO.ORG](https://BITE2GO.ORG)