



Our founder, Kay Porta, and a small group of volunteers formed what was then known as the Spokane Food Bank in 1971. They shared the belief that food is a basic human need and hunger is unacceptable.

Today, that simple and compassionate vision has become Second Harvest, the largest distributor of food for children, families and seniors facing hunger in the Inland Northwest. Each dollar entrusted to us, each service offered, each volunteer who raises their hand and each partnership we forge drives forward our mission to end hunger.

But there's more we need to do to fulfill Kay Porta's simple vision. Our neighbors are still going to bed hungry. Second Harvest's mission is fueled by an incredible community of generosity and belief that there is good in the world. You are part of the team that feeds people today and provides hope for tomorrow.

Together, we feed. We nourish. We build.

feed
serving people facing hunger

nourish
supporting the
whole person

build
securing a hunger-free
community



shared value(s)

feed
Hunger is unnecessary, unacceptable and starves human potential.

nourish
Nourished people create community.

build
No one deserves to be hungry, and this requires building practical solutions.

resources leveraged

\$11.2 million raised to serve people facing hunger 


43 thousand volunteer hours donated across the region 

30 million pounds of rescued and donated food distributed 

impact

\$45.9 million in wholesale value of donated food 

55 thousand neighbors served every week 

68 thousand meals worth of food shared each day 

"Hunger is an industrial-sized problem that requires industrial-sized solutions with a focus on local impact."

- Jason Clark
President and CEO, **Second Harvest**

feed nourish build

feed

Serving people facing hunger is at the heart of what we do. We feed families of all sizes by supplying partner agencies with donated food at no cost. Across our 26-county service territory, we close last mile service gaps for our rural cities and towns to get the food to the people who need it.

\$7.4
million
annually

desired outcome

getting food into the hands of people facing hunger



Hunger is unnecessary, unacceptable and starves human potential.

Funding Needs

- Agriculture partnerships
- Bite2Go
- Donated food, including fresh produce
- Food for partner agency network
- Grocery Rescue
- Mobile Market
- Senior services
- Thanksgiving meal box distribution

"No one person, no one company will do it alone. It's everybody doing their part. We can provide a potato or an onion, but somebody else is going to provide a cherry or an apple."

-Kyle Barclay
Food Donor, AgriNorthwest



what it means to feed: meet craig

For an Army veteran and adoptive father of 12, service is a way of life for Craig and his wife.



Did you know: Right now, 1.2. million low-income veterans utilize SNAP nationally.

Dozens of cars wait in line outside the Mann-Grandstaff Veterans Affairs Medical Center in Spokane, snaking through several rows of the parking lot and extending onto the main street. The cars are waiting to receive food from Second Harvest's Mobile Market. To help control traffic, the event starts 30 minutes early and the line slowly starts to move.

Waiting toward the front of line is Craig, who is attending a Mobile Market for the first time. Craig and his wife have adopted 12 children, three of whom still live at home. The food he receives today will help supplement the groceries he purchases. "They're 3, 7 and 8 years of age, and it's hard now, you know, especially being on a fixed income because we're retired. It helps out an awful lot."

Craig's selflessness and care for others is clear when he talks about the decision to adopt 12 children, saying, "There are so many kids out there that are in need of family and raising, and they need all the chance they can get in life." This same selflessness shines through when he mentions his military service. Craig volunteered for the service in May 1966 and served in the Army until 1970.

how will you feed people today?

Agriculture partnerships

Building relationships with area farmers and producers to procure bulk loads of donated fresh fruits, vegetables, proteins and dairy

Bite2Go

Providing schoolchildren in need with nutritious, ready-to-eat, kid-friendly food for the weekend

Donated food, including fresh produce

Securing semi-loads of food from food industry donors, including growers, producers, manufacturers, wholesalers and retail distribution centers

Food for partner agency network

Supplying food at no cost to a network of partner food pantries, meal sites and other hunger-relief programs

Grocery Rescue

Rescuing food from grocery stores throughout the region and connecting these donations with food pantries in their local communities

Mobile Market

Reaching the last miles of the Inland Northwest with barrier-free food distributions at accessible locations in rural and urban communities

Senior outreach

Targeted Mobile Market distributions serving seniors on fixed incomes

Thanksgiving meal box distribution

Sharing all the ingredients for a holiday meal with thousands of families in Spokane, the Mid-Columbia and Yakima Valley

nourish

Food does more than sustain. We choose to support the whole person through increasing access to healthy food and nutrition education. The goal is to increase consumption of nutrient-dense foods. It's not just calories. It's an effort to foster well-being.

\$1.6
million
annually

desired outcome

Providing food for today and hope for tomorrow by sourcing and securing the right quantity, quality and variety of food for people facing hunger.



Nourished people create community.

Funding Needs

- Donated food, including fresh produce
- Grocery Rescue
- Healthcare partnerships
- Nutrition education
- Partner agency capacity building
- The Kitchen

"Enjoying nutritious food not only nourishes our bodies but also our overall well-being leading to healthier and more satisfied lifestyles. While interacting with many kitchen participants, they have expressed how the experience has given them not only a good meal but more importantly skills and self-confidence to nourish themselves and their families; as well as having a fun time."

- Deb Holsapple

Volunteer, **The Kitchen at Second Harvest**



what it means to nourish: meet blanca

Fresh produce and other donated food means steady nutrition for Blanca's growing family.



Did you know: 1 in 6 children regularly struggles with hunger in the Inland Northwest. Kids who don't get enough to eat — especially during their first three years — begin life at a serious disadvantage.

Blanca hasn't been attending Mobile Markets for long, but since the birth of Armando, she has relied on Second Harvest for support.

"I'm not working because Armando was born with cleft palate so [the Mobile Market] helps with everything greatly. It helps with our kids for sure," Blanca said.

The food received by each family changes monthly based on Second Harvest's inventory, but always includes a variety of produce, protein items and shelf-stable foods. This month, families received peanut butter, jelly, beans, corn, pears, potatoes, lettuce, watermelon, milk, bread and rotisserie chicken.

With her oldest out of school for the summer, Blanca has felt extra pressures on her grocery budget. "It gets harder to budget," she explained. "[The kids] are at home all the time and wanting to eat meals, snacks, everything. Everything goes by quicker and groceries don't last. We want to keep them eating and growing, so it's a necessity," she said.

Blanca showed her gratitude for donors and volunteers who make these events possible, saying, "They're doing a great thing for the community; we appreciate what they do."

how will you nourish our community today?

Donated food, including fresh produce

Securing semi-loads of food from food industry donors, including growers, producers, manufacturers, wholesalers and retail distribution centers

Grocery Rescue

Rescuing food from grocery stores throughout the region and connecting these donations with food pantries in their local communities

Healthcare partnerships

Collaborating with health care partners to impact health through food and nutrition education

Nutrition education

No-cost cooking classes, demonstrations, healthy food sampling and simple recipe sharing

Partner agency capacity building

Tools, technical assistance and other resources to help partner agencies build healthier communities through food

The Kitchen

Hands-on cooking classes and demonstrations that teach planning healthy meals on a limited budget

build

We endeavor to sustain and grow our region's charitable food resource to serve as a foundational asset for the health of our community.

\$2.2
million
annually

desired outcome

Sustaining a trusted, resilient and community supported organization with a robust network of partners.



No one deserves to be hungry, and this requires building practical solutions.

Funding Needs

- Cold storage
- Infrastructure improvements
- Staff development
- Storytelling initiatives
- Technology
- Transportation
- Volunteer Centers
- Warehouse equipment

"My parents instilled a legacy in us of giving back, so my first donation was an easy decision. As I have spent more time working and talking to Second Harvest, my financial commitment has increased, and I will continue to do whatever I can for two reasons. First of all, I strongly believe that people should not be hungry and secondly, I've witnessed how Second Harvest manages its resources. They are faithful stewards of every donation."

-Martha Meeks

Kay Porta Legacy Society Member,
Feed365 Donor and Volunteer





what it means to build: meet joann

The infrastructure that transports our mission into communities helps people and families, like Joann's, stabilize and moves them towards self-sufficiency.



Did you know: Across America, single-parent families are more likely to face hunger because they need to stretch their income further. In 2021, 24% of households headed by single mothers were food insecure.

Joann, a single mom of two, visited her first Mobile Market when it visited Gonzaga Family Haven. The apartment complex, a project of Catholic Charities of Eastern Washington, was created as a haven for families experiencing homelessness in the Spokane community.

The revamped city bus arrived at the complex shortly before the event's start, its walls filled with shelves of shelf-stable food and coolers where seats used to be. Joann and her son walked through the body of the bus, filling a bag with their chosen items. Milk and boxes of fresh produce greeted Mobile Market clients after they concluded their shopping inside. Joann said the produce allows her family to eat more fruits and vegetables throughout the month.

"It's awesome," Joann explained. "I get food stamps every month and we do our shopping when we get them. You just can't keep produce all month long."

Although it was her first time at a Mobile Market, Joann shared her appreciation for the event and the supporters who made it possible. She added that food insecurity is scary, and that people may feel hesitant to seek food assistance for the first time. "Someone might be feeling nervous or embarrassed, but don't be embarrassed," she said. "Everyone needs help. Don't be scared to ask."

how will you build for a hunger-free future?

Cold Storage

Maintaining cold storage to keep millions of pounds of donated fresh and frozen food safe

Infrastructure improvements

Ensuring a welcoming and safe environment for employees, volunteers and guests

Staff development

Providing specialized training and professional development for the team that fuels Second Harvest's mission

Storytelling initiatives

Raising awareness of local people facing hunger to sustain support for Second Harvest's mission

Technology

Having the right tools in the toolbox for modern hunger solutions

Transportation

Reliable transportation to secure and distribute donated food

Volunteer Centers

The community hubs where people go to participate in hands-on solutions to local hunger

Warehouse equipment

The tools necessary to safely and efficiently handle donated and rescued food

feed

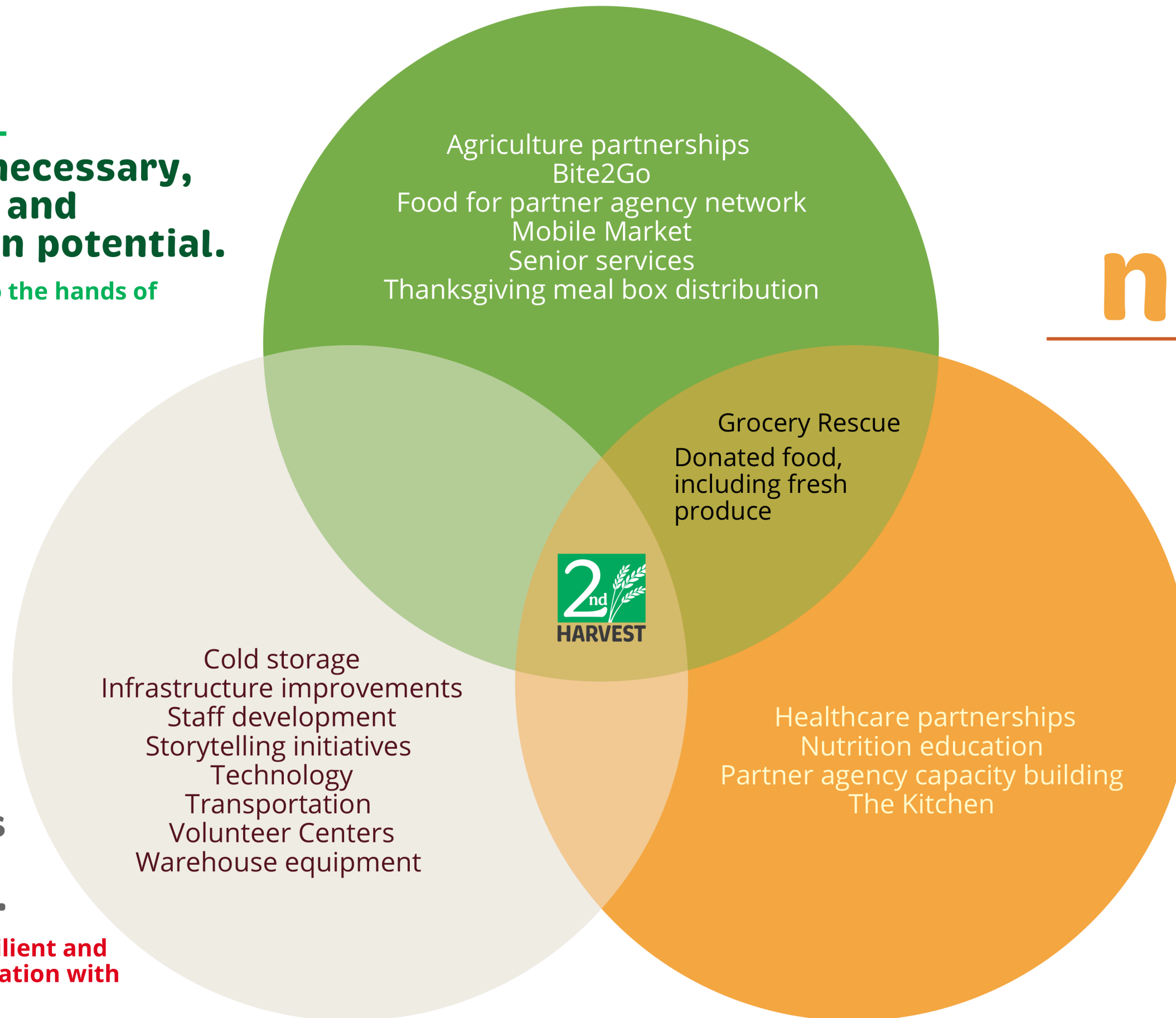
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Goal: getting food into the hands of
people facing hunger

build

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requires building
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Goal: Sustaining a trusted, resilient and
community supported organization with
a robust network of partners.



nourish

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Goal: Providing food for today
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