

## meet cathy

Cathy has never been to any kind of free food distribution before today's Mobile Market in Medical Lake.

"I have never, ever done anything like this in my life," she says. "I've helped to hand out before."

Cathy says she and her husband lost everything to the Gray Fire three weeks ago.

"My husband and I, we're in our 70s," Cathy says. "My husband has early dementia."

Family and friends have helped with some necessities while the couple begins rebuilding their life at a rented house outside of town.

"People have been bringing us dinners, so I haven't even cooked for two weeks," Cathy says. "I wasn't going to come, but everybody kept telling me, 'You just go, just go and do it.'"

Food prices have been putting additional pressure on her budget, Cathy says.

"I went to the grocery store the other day, and I was just astounded at the price of meat. That's what brought me here," Cathy says.

Cathy will return home from the Mobile Market today with boxes full of shelf-stable essentials such as rice and canned vegetables, as well as fresh produce such as potatoes, corn, apples, and cucumbers.



**Hunger is unnecessary,  
unacceptable and  
starves human  
potential.**