

## Medical Lake School District Summer 2022

Served With Lunch  
Fresh Vegetable Choices  
Fruit Cup Variety  
White or Chocolate Milk

Due to rare circumstances, procurement of inventory is a hardship. All meals are subject to change without notice as needed.  
Thank you for being flexible!

### JOIN US FOR FREE SUMMER MEALS!

Monday through Thursday  
Breakfast Served from 8:30-8:45 AM  
Lunch Served from 11:45-12:00 PM

#### SERVICE DATES:

**Medical Lake Middle School**  
July 6 through August 11  
**Michael Anderson Elementary**  
July 25 through August 11

\*All meals must be consumed on site

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

Medical Lake School District and USDA are equal opportunity providers and employers.

6	7	6	7
Cereal or Cereal Bar Fruit and Milk ----- Cheeseburger Tater Tots	Cereal or Cereal Bar Fruit and Milk ----- Meat and Cheese Burrito Churro	Cereal or Cereal Bar Fruit and Milk ----- Meatball Hoagie Tater Tots	Cereal or Cereal Bar Fruit and Milk ----- Chicken Burger Yogurt
11	12	13	14
Cereal or Cereal Bar Fruit and Milk ----- Breakfast for Lunch Strawberries	Cereal or Cereal Bar Fruit and Milk ----- Macaroni and Cheese and Chicken Strips	Cereal or Cereal Bar Fruit and Milk ----- Meatball Hoagie Tater Tots	Cereal or Cereal Bar Fruit and Milk ----- Chicken Burger Yogurt
18	19	20	21
Cereal or Cereal Bar Fruit and Milk ----- Chicken Nuggets Whole Grain Crackers	Cereal or Cereal Bar Fruit and Milk ----- Macaroni and Cheese and a Corn Dog	Cereal or Cereal Bar Fruit and Milk ----- Spicy Chicken Wrap Tater Tots	Cereal or Cereal Bar Fruit and Milk ----- Breaded Drumstick Yogurt and Crackers
25	26	27	28
Cereal or Cereal Bar Fruit and Milk ----- Deli Sandwich and Potato Chips	Cereal or Cereal Bar Fruit and Milk ----- Popcorn Chicken with Macaroni and Cheese	Cereal or Cereal Bar Fruit and Milk ----- Cheeseburger Tater Tots	Cereal or Cereal Bar Fruit and Milk ----- Meat and Cheese Burrito Churro
1	2	3	4
Cereal or Cereal Bar Fruit and Milk ----- Breakfast for Lunch Strawberries	Cereal or Cereal Bar Fruit and Milk ----- Macaroni and Cheese Chicken Strips	Cereal or Cereal Bar Fruit and Milk ----- Meatball Hoagie Tater Tots	Cereal or Cereal Bar Fruit and Milk ----- Chicken Burger Yogurt
8	9	10	11
Cereal or Cereal Bar Fruit and Milk ----- Chicken Nuggets Whole Grain Crackers	Cereal or Cereal Bar Fruit and Milk ----- Macaroni and Cheese and a Corn Dog	Cereal or Cereal Bar Fruit and Milk ----- Spicy Chicken Wrap Tater Tots	Cereal or Cereal Bar Fruit and Milk ----- Deli Sandwich and Potato Chips