

## Medical Lake School District Summer 2022

Served With Lunch  
Fresh Vegetable Choices  
Fruit Cup Variety  
White or Chocolate Milk

Due to rare circumstances, procurement of inventory is a hardship. All meals are subject to change without notice as needed.  
Thank you for being flexible!

### JOIN US FOR FREE SUMMER MEALS!

Monday through Thursday  
Breakfast Served from 8:30-8:45 AM  
Lunch Served from 11:45-12:00 PM

**SERVICE DATES:**  
**Medical Lake Middle School**  
July 6 through August 11  
**Michael Anderson Elementary**  
July 25 through August 11

\*All meals must be consumed on site

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

Medical Lake School District and USDA are equal opportunity providers and employers.

6

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Cheeseburger  
Tater Tots

7

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Meat and Cheese Burrito  
Churro

11

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Breakfast for Lunch  
Strawberries

12

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Macaroni and Cheese  
and Chicken Strips

13

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Meatball Hoagie  
Tater Tots

14

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Chicken Burger  
Yogurt

18

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Chicken Nuggets  
Whole Grain Crackers

19

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Macaroni and Cheese  
and a Corn Dog

20

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Spicy Chicken Wrap  
Tater Tots

21

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Breaded Drumstick  
Yogurt and Crackers

25

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Deli Sandwich  
and Potato Chips

26

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Popcorn Chicken  
with Macaroni and Cheese

27

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Cheeseburger  
Tater Tots

28

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Meat and Cheese Burrito  
Churro

1

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Breakfast for Lunch  
Strawberries

2

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Macaroni and Cheese  
Chicken Strips

3

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Meatball Hoagie  
Tater Tots

4

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Chicken Burger  
Yogurt

8

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Chicken Nuggets  
Whole Grain Crackers

9

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Macaroni and Cheese  
and a Corn Dog

10

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Spicy Chicken Wrap  
Tater Tots

11

Cereal or Cereal Bar  
Fruit and Milk  
-----  
Deli Sandwich  
and Potato Chips