

FOOD *for* THOUGHT

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**BEN PREZ, AGENCY RELATIONS
REPRESENTATIVE**



The sizzle and smoky aroma of frying bacon greets the senses inside the Calvary Baptist Soup Kitchen on a sunny spring Saturday morning in downtown Spokane. Betty “Mama D” Dumas, the kitchen manager, drifts around the tight space, supervising several volunteers. Gospel melodies warble from an old radio as the helpers load freshly cooked steaming helpings of gumbo and bacon braised brussels sprouts into clam-shell to-go cases.

These hot meals along with turkey sandwiches, snacks and bottled water are packed into boxes before being loaded into a fleet of vehicles and distributed to people in need.

For close to 11 years, the Calvary Baptist Soup Kitchen, part of Spokane’s oldest historically Black church, served a sit-down, full course weekly Saturday lunch at their downtown Spokane location. As the reality of COVID-19 became clear, the kitchen had to pivot quickly—or shut down—to ensure the safety of their clients and volunteers. To continue on as one of 280 programs that partner with Second Harvest to feed people facing hunger in the Inland Northwest, Calvary Baptist was forced to change the entirety of how they serve their clients. Even so, the spirit of giving, the thoughtful approach and the emphasis on tasty food remains fully intact despite the pandemic challenges.

Their solution? Create a mobile, delivery style, to-go soup kitchen.

“When church closed and the soup kitchen closed, we prayed for a way to keep feeding the community and this new way became clear,” Dumas said as she bagged up snack cookies, her apron emblazoned with the words, “You’re Cooking with Big Mama”.

Dumas, along with several key volunteers, came together in October of 2020 in the middle of the pandemic and developed this new system. **The first distribution produced just 25 meals, but that has expanded to an average of 200 meals each Saturday.**

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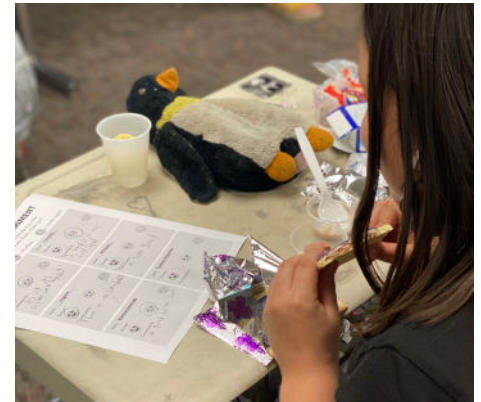
Pictured (left to right): Nora Scott, Dawnita Schell, Betty Dumas

Adopting Hope: FEEDING KIDS FIRST



Bite2Go is a weekend food program for students facing chronic food shortages at home. Bite2Go gives children access to a mix of easy-to-open, single-serving, nutritious, nonperishable and ready-to-eat food for meals and snacks for over the weekend, helping kids return to school ready to learn on Mondays. **Today, Second Harvest, in partnership with another Spokane nonprofit, At The Core, and generous community organizations who “adopt” a school in Spokane and the Tri-Cities are providing over 6,000 elementary, middle and high school students with food for the weekends throughout the school year.** Second Harvest also has a growing list of rural partners joining the fight to end childhood hunger.

We extend sincere thanks to our Spokane and Tri-Cities Bite2Go Adoptive Organizations for the 2020-2021 school year.



THANK YOU TO OUR 2020-2021 ADOPTIVE ORGANIZATIONS

9 Mile Community Church
Alliant Insurance Services, Inc.
All Lines Insurance
All Saints Episcopal Church
Associated Industries
At The Core
Audubon United Methodist Church
Avista Utilities
Bechtel Corporation
BECU
Bob's Burger's & Brew
BSN Sports
Chattaroy Community Church
Cheney Faith Center
Cheney United Methodist Church
Christ Church of Deer Park
Christ's Church of Mt. Spokane
Clemson Family
Clifton Larson Allen
Community Link Consulting
Crossover Church
DAA Northwest
Davenport Ministerial Association
Douglass Properties
Downriver Church
EastLake Tri-Cities
Empire Health Foundation
Faith Bible Church
Faith Lutheran Church
Faith Tri-Cities Associate
Farm Bureau
Fellowship Church
First Free Methodist Church

First Interstate Bank
First Presbyterian Church
Framatome, Inc.
Friends of Trinity
Gardner Family
Genesis Church
GESA Credit Union
Gonzaga Center for Community Engagement
Gonzaga School of Business
Guardian Life Insurance
Hamblen Park Presbyterian Church
Hille Family
Holbert Farms LLC
Hotstart Inc
Inland Empire Paper Company
Inland Power and Light & ATC
Integrus Architecture
Journey Church
KBG Insurance and Financial, Inc.
Kennewick Kiwanis Young Professionals Club
Knife River Precast
Life Center Church
Loon Lake Food Bank
Lukins & Annis, P.S.
Lydig Construction
McCloskey Construction, Inc.
McCurley Integrity
McKinstry Co.
Medical Lake Dental Clinic
Medical Lake Food Bank
Medical Lake State Farm Agency

Mission Church
Morris Family (Scott & Lizbeth)
Moss Adams LLP
NAI Black
New Hope Bible Church
New Vintage Church
Northwest Farm Credit & DAA
Northwest Farmer-Stockman, Inc
Open Door Congregational Church
O'Neill Family (Jeffrey & Gina)
Peirone Produce
Physical Therapy Associates
Randall & Hurley, Inc.
Rathdrum Lions Club
Real Life Ministries Spokane
Retired Mead Educators
Revival Tea Company
Richland Firefighters
Riverview United Methodist
Rockwood South Hill
S&S HealthCare Strategies
Sage Crest
Serve Spokane
Seven2
Shadle Park Presbyterian Church
Shalom United Church of Christ
Soderen Packaging
Spokane Hardware
Springdale Community Church
St. James Church
St. Joseph's Church
St. Luke's Lutheran Church
St. Marks Church

St. Peter's Catholic Church
St. Stephens Church
STCU
Stejer Development LLC
Stevens Clay, P.S.
Summit Church - Cheney
Summit Church
Suncrest Family Worship Center
Sunrise Rotary
The Assistants
The Garden Church
Timberview Christian Fellowship
TJ and Kris Brill, PTA
Trans-System, Inc.
TW Clark Construction
Unitarian Church
US Bank
Valley Real Life
Valley School District
Victory Faith Church
Vista Title & Escrow
Wandermere Service Group
Washington Trust Bank
We C.A.R.E
Wendle Motors, Inc.
Whitworth Church
Windereme City Group
Windermere Deer Park
Windermere Manito LLC
Windermere North Spokane LLC
Wolff & Morris Group

Learn more at 2-harvest.org/feeding-kids-1st.

Leaving a Legacy: MEET MELISSA & DALE

Meet Melissa and Dale Cloninger of Spokane. They met on an airplane, where Dale was one of the last to leave and offered Melissa his sales card after she caught his eye. Six weeks later they were engaged and nine months later they were married. Forty years later, they have had a full, happy life together, raising their daughter and giving back to their community.

Melissa recently retired from Second Harvest after 13 years of dedication to fighting hunger and feeding hope. "It has been a phenomenal tenure. Probably the best work experience of my life... I credit that to growing my compassion for those who have so many unexpected and long-term complications in their lives. And more than anything, how much opportunity I've had in my life compared to so many who are so vulnerable and have been all of their lives."

Because of their passion to fight hunger in their community, Melissa and Dale were among the first to join Second Harvest's Kay Porta Legacy Society.

Kay Porta founded the Second Harvest in 1971. Her unwavering commitment and compassion toward fighting local hunger inspired the Kay Porta Legacy Society. Through this legacy program, anyone can make a lasting gift that will feed people in need for years to come.

The legacy society is a simple way for philanthropists like Melissa and Dale to ensure that Second Harvest has the capacity to deliver for those hungry kids, families and seniors many years from now. It's a way they can help Second Harvest plan for the future.

How would you describe becoming a KPLS member?

Melissa describes the experience of becoming KPLS members as a "slam dunk." The couple officially joined in 2019. You can

Pictured: Melissa and Dale Cloninger of Spokane



CLAIRE HURD,
MARKETING ASSOCIATE



spot their names on our Kay Porta Legacy Society member wall in our Volunteer Center lobby in Spokane.

"In all likelihood, we would have left something behind anyway. But this just enabled us to be part

of the vehicle moving forward and declare our commitment which we both believed was the right thing to do. Not only because of my experience in witnessing families in need but it was just simple for us."

For Melissa, the real statement of authenticity and credibility is what you leave behind and making a choice to do that. Some may assume that a large estate or affluent wealth is needed in order join a program like KPLS. However, gifts of any size can be made now or posthumously and there is no "recommended" or "appropriate" gift size. The Kay Porta Legacy Society allows for anyone interested in fighting hunger, to do so within their means.

When we asked **what made her want to join KPLS**, Melissa had this to say: "Second Harvest is the most incredible organization from the standpoint of its transparency and sincerity at large to deliver on what is the purpose and mission."

Melissa attributes the authenticity to the organization's leadership, especially President and CEO Jason Clark. The staff at Second Harvest are invested in the health of the organization and the organization's ability to serve those facing hunger.

What's something you wish more people knew about KPLS?

"I wish more people knew what KPLS stood for, and had it associated with Second Harvest as a brand. Greater awareness would be my greatest wish. I think a lot of it depends on person-to-person relationships and simply talking to everyone we know about it. Mentioning it. Asking our closest family

and friends to consider leaving a legacy gift behind or at the least, go online and getting to know the organization, volunteer, participate in Tom's Turkey Drive, etc."

What is your favorite part of the Kay Porta Legacy Society?

"Kay Porta's story! Talk about one of the most genuine human beings I have ever had

the pleasure and honor of meeting and having correspondence with. One of the most selfless individuals I've ever had the pleasure of knowing—and so extraordinarily humble! I think about her, the enormity of her heart and her commitment... Wow! There could be no better person to name the legacy society after than Kay Porta. She embodied compassion at its highest level!"

For more information on KPLS, contact Tony Cook at (509) 252-6277 or legacy@2-harvest.org

Grocery Rescue: SALVAGING NUTRITIOUS FOOD

For over 15 years, Second Harvest has partnered with a growing list of grocery stores and other retailers in the region to get food to where it's needed most. Grocery Rescue is designed to increase the volume and variety of food distributed at Second Harvest's extensive network of partner agencies and minimize food waste to feed people in need. Partnering grocery stores enhance our region's ongoing hunger-relief efforts by donating safe, edible grocery items that might otherwise be discarded. This food is used to help those in need quickly and efficiently.



Logos represent the top 10 donating grocery chains by poundage.

THANK YOU TO OUR GROCERY RESCUE PARTNERS

Albertsons

Clarkston
Kennewick
Pasco
Richland
Four locations in
Spokane
Spokane Valley
Walla Walla
Wenatchee

Big Lots

Kennewick
Moses Lake
Richland
Two locations in
Spokane

Bruchi's

Cheney
Four locations in
Spokane
Two locations in
Yakima

Caruso's Sandwiches

Spokane Valley

Cash & Carry

Walla Walla

Casual Friday Donut

Spokane

Celebrations Bakery

Spokane
Spokane Valley

Chef's Store

Clarkston
Coeur d'Alene
Richland
Spokane
Spokane Valley

Costco

Clarkston
East Wenatchee
Kennewick
Two locations in
Spokane

Fred Meyer

Coeur d'Alene
East Wenatchee
Ellensburg
Kennewick
Richland
Two locations in
Spokane
Spokane Valley
Yakima

Great Harvest Bread Company

Spokane

Grocery Outlet

Airway Heights
Cheney
East Wenatchee
Kennewick
Walla Walla
Yakima

Haggen Food and Pharmacy

Wenatchee

Huckleberry's Fresh Market

Spokane

Jersey Mike's Subs

Spokane

Kennewick Red Apple

Kennewick

My Fresh Basket

Spokane

Natural Grocers

Two locations in
Spokane

Panera Bread

Spokane
Spokane Valley

Rocket Market

Spokane

Rocket Bakery

Spokane Valley

Rosauers

Colfax
Seven locations in
Spokane
Suncrest
Yakima
Safeway
Chewelah
Chelan
Cheney
Cle Elum
Two locations in
Coeur d'Alene

Colville
Ellensburg
Grandview
Kennewick
Leavenworth
Liberty Lake
Moses Lake
Omak
Pullman
Richland
Nine locations in
Spokane
Sunnyside
Toppenish
Two locations in
Walla Walla
Wenatchee
Four locations in
Yakima

Smart Foodservice

Wenatchee

Starbucks

Airway Heights
Cheney
Ellensburg
Liberty Lake
Fifteen locations in
Spokane
Four locations in
Spokane Valley

St. Maries Harvest Foods

St. Maries

Super 1 Foods

Colville
Ellensburg
Spokane
Walla Walla

Sysco

Post Falls

Target

Coeur d'Alene

Kennewick
Richland
Two locations in
Spokane
Spokane Valley
Wenatchee
Yakima

Trader Joes

Two locations in
Spokane

URM Cash and Carry

Spokane

URM Stores, Inc.

Spokane

Walmart

Airway Heights
Chelan
Clarkston
Colville
Grandview
Hayden
Kennewick
Moses Lake
Omak
Othello
Pasco

Ponderay
Two locations in
Post Falls
Pullman
Richland
Smelterville
Three locations in
Spokane
Spokane Valley
Sunnyside
Wenatchee
Two locations in
Yakima
WinCo Foods
Coeur d'Alene

Kennewick
Moses Lake
Richland
Spokane
Spokane Valley
Wenatchee

Yoke's Fresh Market

Airway Heights
Cheney
Deer Park
Kellogg
Kennewick

Liberty Lake
Mead
Pasco
Ponderay
Post Falls
Three locations in
Spokane
Two locations in
Spokane Valley
West Richland

BASIC FOOD

Second Harvest strives to build healthier communities by increasing access to nutritious food for people in need. Our goal is to connect more people with Washington State Basic Food Program (commonly known as food stamps).



If you or someone you know needs help accessing

monthly benefits for food, please visit 2-harvest.org/basicfood.



“Feeding people has always been my passion in life. Feed365 is an opportunity for my husband and I to continually give back and support our community.”

– Eileen, current Feed365 member

Three meals a day, every day. When you don't know where your next meal is coming from, that's a lot of uncertainty. By becoming a monthly giver, you'll create a reliable source of funding year-round to provide healthy, food for those facing hunger in our community.

For more information, contact Anna Bresnahan at (509) 251-8053 or feed365@2-harvest.org.

AGENCY SPOTLIGHT: CALVARY BAPTIST

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“Before COVID, we could only feed 100 people a week. Now we can do much more. A lot of people have mobility issues or don't feel comfortable coming to the soup kitchen, and this new way gets food to them.”

Calvary Baptist Soup Kitchen receives a majority of their food from a scheduled pick-up at Second Harvest. Based on what produce, protein, shelf-stable staples and snacks they receive, a new Saturday menu is created accordingly.

While Second Harvest's Mobile Market distributions received a lot of attention during the pandemic, that call to action represents just one portion of community impact. Agencies like Calvary Baptist receive regular food supplies to provide important hunger relief in communities across the region.

“We get all sorts of variety from Second Harvest and we can feed more people. We can prepare more types of food, hot entrees and snacks.” Dumas said. “We can do better because of what Second Harvest gives us.”

As the morning progresses, Dumas monitors the timing of the food preparation to ensure everything is packaged and ready to go by the time the drivers show up.

After retiring from 40-plus years as an elementary teacher, Dumas found a place to combine her passions for cooking and helping people at Calvary Baptist's meal program. Word quickly spread about her delicious soups. “I love cooking, when people come to my house, they're coming to eat,” Dumas said.

“We can do better because of what Second Harvest gives us.”

As the kitchen crew cleans up, a stream of volunteer drivers arrives and load their vehicles with the food bags. Everyone is cheerful, happy to be helping again. Dumas is busy, as always, but takes time to reflect on how Calvary Baptist has adapted. “I think this was a blessing that came out of it. We sing a song in church, ‘A Blessing in the Storm,’ and **COVID is our storm and the blessing is that we can see a way to feed more people now.”**





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**FEEDING
AMERICA**

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Hunger Solution Centers

Spokane: 1234 East Front Avenue
Spokane, WA 99202
(509) 534-6678

Tri-Cities: 5825 Burlington Loop
Pasco, WA 99301
(509) 545-0787

P.O. Box 3068
Pasco, WA 99302



2-harvest.org

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(509) 252-6242 or (509) 545-0787.

Mission Moments: 50 YEARS OF FEEDING HOPE

JASON CLARK,
PRESIDENT & CEO



I was humbled and inspired by a recent visit by the children, grandchildren and great-grandchildren of Second Harvest's founder, the late Kay Porta. They had gathered in Spokane to celebrate the life of Kay, who passed away of natural causes last year while close to family in Western Washington. She was 96.

The pandemic had delayed plans to honor Kay's memory in her hometown, where she grew up, married and raised her own family, and dedicated more than 20 years to a career in social services. As part of the special day, her family stopped by Second Harvest, which Kay had founded in 1971 with volunteers who shared her commitment and passion for getting food to people facing hunger.

It's been 50 years since Kay brought those first volunteers together to form Second Harvest. The visit by Kay's family reminded that our mission is all about people. The families seeking help with food. The dedicated people—mostly volunteers—running the food banks and meal sites that are part of Second Harvest's hunger-relief network. Our own staff—a few of whom I've highlighted below. The food and financial donors and the more than 8,000 volunteers annually who make our work possible. And, of course, people like you, who generously support our work to get healthy food to where it's needed most.

We've been honored to have earned your support. Thank you for bringing hope to the tables of our neighbors in need.

“

I have so much gratitude to be here because I have been on the other side where I didn't have food and I've come to mobile markets. To get food when you have nothing is the greatest thing you can get. I'm just grateful.

”

MARTY FOSTER
Supply Chain
Associate



“

It's an honor to continue and grow a legacy like Kay's. Although Second Harvest has grown immensely since the early days, the heart and beautifully simple lasting legacy remains. To feed the community, and ensure nobody goes hungry.

”

MELISSA JOHNSON
Program Associate

