

SECOND HARVEST

Healthy Food. Every Person. Every Day.

Throughout the Inland Northwest 1 in 8 people, including 1 in 4 kids, face hunger and don't have access to the healthy, nutritious food they need.

FEEDING FAMILIES,
FEEDING SENIORS,
FEEDING KIDS,
HEALTHY EATING

Every week, Second Harvest helps feed 55,000 people.



HUNGER RELIEF
IN OUR
COMMUNITY

Our agriculturally-rich region produces enough food for hungry people – we work to get it to those who need it most.

FRIENDS + FOODS
+ FUN

- More than 8,000 volunteers helped last year
- Every \$1 equals five meals



Volunteer, Donate

2-harvest.org



REAL-WORLD IMPACT



For Ryan's family, the Mobile Market is a lifesaver. The busy father of two works part-time and takes care of two young kids, while his wife holds down a full-time job.

"But even with that, it's tight," he said. "I don't even care about myself, but we try to feed them as much as we can."

GETTING FOOD TO WHERE IT'S NEEDED MOST

Second Harvest provides half a million pounds of food each week through programs in Eastern Washington and North Idaho.

- 250 food banks, meal sites, programs
- Mobile Markets to schools and community centers

**To see a list of our partners or to learn more visit
2-harvest.org.**