

SECOND HARVEST

Healthy Food. Every Person. Every Day.

VISION

Second Harvest is a non-profit food resourcing and distribution organization founded in 1971. Our mission is to fight hunger and feed hope.

We get food to those who need it most - struggling families, seniors, and children – to help fill a nutritional gap.

We work to get healthy food, to every person, every day.

THE NEED

In our area, **1 in 8 people**, including **1 in 5 children**, are food insecure, which means they lack adequate resources and access to affordable, nutritious foods necessary to live a healthy, active lifestyle.

Our service area spans **21 counties in Eastern Washington** and **5 counties in North Idaho**.

HOW WE GET FOOD

We work with food industry partners in the Northwest to source fresh produce, perishable and staple food items to distribute to those in need.

Generous community donors contribute funds, sort food, and host food drives.

We turn every dollar donated into five meals to feed our hungry neighbors.

DISTRIBUTING FOOD

We supply food at no cost to **250 food banks**, agencies and meals programs in our area, and also through our Mobile Markets.

Each month we distribute **3 million pounds of food**. More than half is fresh produce and perishables.

Every week, **55,000 people** receive food from Second Harvest.

VOLUNTEERS

We rely on more than **8,000 volunteers** each year to help sort, pack and prepare food for distribution and to assist at food drives and events.

Volunteer opportunities are available for individuals, groups, businesses and families.

HOW TO GET INVOLVED

Donate. Volunteer. Organize a food drive. Find out more at 2-harvest.org or on our social channels.

