



HUNGER ACTION MONTH

2nd

SEPTEMBER IS HUNGER ACTION MONTH

HUNGER ACTION MONTH IS AN OPPORTUNITY FOR YOU TO HELP SECOND HARVEST SOLVE HUNGER IN OUR COMMUNITY.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

3
Tell a Friend
Share this calendar with 5 of your friends.

4
Start collecting your change. At the end of the month donate it to Second Harvest.

5
Tuna Tuesday
Organize a Tuna Tuesday Food Drive.

6
Volunteer
Sign up at 2-harvest.org.

7
Spokane Association of REALTORS® and Albertsons Food Drive today and tomorrow

1
 Find us on Instagram
[@secondharvest_](https://www.instagram.com/secondharvest_)
Tag us in your photo on how you're helping #solvehunger.

2
Pig Out in the Park
Donate your spare change to Second Harvest at food vendor locations.

10
Grandparents Day
Make a donation to Second Harvest in honor of your grandparents.

11
Take a Tour of Second Harvest
Call 534-6678 to schedule a tour.

12
Skip lunch and feed a bunch. Donate lunch money to Second Harvest.

13
Sponsor a Mobile Food Bank! Call 252-6270.

14
Donate Monthly
Become a monthly online donor at 2-harvest.org/donate.

15
TURN ORANGE
Show your support by wearing orange today!

16
See if your employer matches donations!

17
Post a picture and tag us on your social media to call attention to Hunger Action Month

18
Donate a Gas Card
Help Second Harvest with deliveries by donating a gas card.

19
Provide fresh produce by donating your surplus fruits and veggies.

20
Every \$1 you donate makes a big difference
\$1donated=5meals

21
Get Inspired
Read some of our hunger stories at secondharvestinw.exposure.co

22
Grocery Gift Card
Donate a grocery card to Second Harvest to purchase most-needed items.

23
Volunteer in The Kitchen
See what's coming up at secondharvestkitchen.org.

24
#MyWHY2H
Share with us on social media why you choose to solve hunger.

25
Bite2Go Day
Make a donation and help hungry kids in our area fill weekend food shortages.

26
E-mail Updates
Sign up to receive our e-mail updates at 2-harvest.org.

27
Drop off your food donations at 1234 E. Front Ave., Spokane, WA 99202.

28
 Like us on Facebook
[@SecondHarvestInlandNW](https://www.facebook.com/SecondHarvestInlandNW)

29
How much change have you collected since the 1st? Donate it today!

30
Restaurant Week & The Big Build

1234 East Front Avenue | Spokane, WA 99202 | (509) 534-6678 | 2-harvest.org